

Steeppling hands reveal a confident and superior attitude (**Figure 17**).



Figure 17

Steeppling Hands: Confident & Superior Attitude

Gripping the hands, wrists or arms behind is a confident and superior gesture (**Figures 18,19 and 20**). Thumb displays, in whatever form are done, signal dominant and aggressive attitude and even ridicule or disrespect for the other.⁸



Figure 18
Gripping Wrist

Confident and Superior



Figure 19
Gripping Hands

Confident and Superior



Figure 20

Gripping Arms

Confident and Superior

8. HAND-TO-FACE GESTURES

Covering the mouth (**Figure 21**), touching the nose (**Figure 22**), rubbing the eye (**Figure 23**), the neck scratch (**Figure 24**), and the collar pull (**Figure 25**): all indicate deceit, doubt or lying.



Figure 21

Covering the Mouth

Indicates deceit, doubt or lying



Figure 22
Touching the Nose
 Indicates deceit, doubt or lying



Figure 24
The Neck Scratch
 Indicates deceit, doubt or lying



Figure 23
Rubbing the Eye
 Indicates deceit, doubt or lying



Figure 25
The Collar Pull
 Indicates deceit, doubt or lying

Touching the ear or earlobe (**Figure 26**) signals that one is fed up with what one heard and so wants to talk.



Figure 26

Touching the Ear or Earlobe: Fed up with what one heard & so wants to talk

Fingers in the mouth: Feels insecure and so wants reassurance.

Hand supporting the head - Boredom (**Figure 27**).



Figure 27

Hand supporting the head: Boredom

Fingers or hand touching the chin, stroking the chin, touching the cheeks: are all evaluation gestures, or decision-making gestures (**Figure 28 & 29**). Head-rubbing and head-slapping gestures (**Figure 30**) and palm rubbing the back of the neck (**Figure 31**) - frustration.⁹



Figure 28

Fingers or hand touching the chin, stroking the chin, touching the cheeks: Evaluation or decision making gesture



Figure 29

Fingers or hand touching the chin, stroking the chin, touching the cheeks: Evaluation or decision making gesture